

# aractech

Global Learning for Operational Leaders



PLANNING AND STRATEGY MANAGEMENT

## Conscious Leadership: The New Leadership Imperative

### Contact

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# Course content

## Why Attend

### Course Introduction

The Conscious Leadership: The New Leadership Imperative training course is crafted to equip leaders with the vital skills and mindset needed to excel in today's fast-changing business world.

## Course Methodology

## Course Objectives

## Target Audience

# Course outline

## Detailed course outline

Day-by-day outline for Conscious Leadership: The New Leadership Imperative.

### Day 1 - Introduction to Conscious Leadership

- What is Conscious Leadership?
- Why is it important in today's business environment?
- Understanding Self-Awareness in Leadership
- Exploring the concept of self-awareness
- Techniques for developing self-awareness as a leader
- The Role of Emotional Intelligence

### Day 2 - Building Authentic Relationships

- Importance of authentic relationships in leadership
- Strategies for building and maintaining authentic connections
- Empowering Others
- The significance of empowering team members
- Techniques for delegating effectively and fostering autonomy
- Communicating with Clarity and Compassion

### Day 3 - Cultivating Resilience and Adaptability

- Understanding resilience and adaptability in leadership
- Strategies for cultivating resilience in oneself and others
- Leading with Purpose and Vision
- Defining organizational purpose and vision
- Aligning personal and organizational purpose for effective leadership

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### Day 4 - Fostering Inclusivity and Diversity

- Understanding the importance of inclusivity and diversity in leadership
- Strategies for fostering an inclusive and diverse work environment
- Ethical Decision Making
- Exploring ethical dilemmas in leadership
- Frameworks for making ethical decisions in challenging situations

### Day 5 - Leading Change

- Understanding the dynamics of change in organizations
- Strategies for leading change effectively and managing resistance
- Integration and Action Planning
- Reflecting on key learnings from the training
- Developing an action plan for applying conscious leadership principles in daily leadership practices

# Seminar dates

## Available seminar dates

Live dates and pricing for Conscious Leadership: The New Leadership Imperative generated from the course details page.

Date	Location	Format	Fee
15 - 19 June 2026	Kuala lumpur	Classroom	€1,575
20 - 24 July 2026	Barcelona	Classroom	€2,695
3 - 7 August 2026	London	Classroom	€2,940
7 - 11 September 2026	Munich	Classroom	€2,415
12 - 16 October 2026	Amsterdam	Classroom	€2,975
9 - 13 November 2026	London	Classroom	€2,940
14 - 18 December 2026	Istanbul	Classroom	€1,995

### Live online option

Online delivery is available at €1,250.